What will you choose?



An interactive PowerPoint

Click on the choices you think are best fitting!

You wake up in the morning and instantly make your coffee! You brush your teeth, get ready for the day, and can't decide on what you want for breakfast. You know that breakfast is the best starter to the day, and can really set the mood on the following hours. You look in your fridge and see two yummy options. Option 1 is a healthy energizing smoothie. Option 2 is a classic breakfast of eggs and toast.





MMMM Smoothie! Nothing beats a healthy option like that! As you finish your breakfast you head to the gym You feel super inspired by your breakfast. As you get to the gym you aren't sure where to start. There are a few people there, but it isn't overwhelming. You see two different stations open. There's either the treadmill or the squat bench. Which do you choose?

<u>Pump those</u> <u>weights! Straight</u> <u>to the squat</u> <u>station!!</u>



<u>Time to run! Head</u> <u>to the treadmill</u> <u>and get some</u> <u>miles in.</u>

MMM Toast and eggs can never be a bad choice! You eat your breakfast and head to work. You are a successful lawyer in Dallas, and you are in the middle of an important case. You want to try and make sure your client is found innocent! You know that she didn't rob the bank, but she's counting on you to prove it. You start reading through evidence and find two points you can begin the trial with. Which one would be more effective?? You can lead with the video footage, or you can lead with the statement from the bank owner.

Lead with the video! Nothing beats visual proof. The bank owner! If he believes she's innocent, how can the judge disagree?! The video! That is the best idea! As you pack everything up and head for court, you get nervous. You know all of the evidence supports your client, but you can never be 100% sure with law. It is your turn to speak and you play the video of the robbery. You then go into details and key points. The jury seems convinced. You thank those listening and take a seat. When you get to question your client what question do you start with?

When the bank was getting robbed, what was your location and action taken?



<u>How scared</u> <u>were you</u> <u>when you</u> <u>turned around</u> <u>and saw that</u> <u>masked</u> person? The bank owner! If the man who was robbed doesn't think she did it, then that can have a huge influence on the fact that he didn't do it! As you pack everything up and head for court, you get nervous. You know all of the evidence supports your client, but you can never be 100% sure with law.

When it is your turn to present you bring up the bank owner. He gives his statements and beliefs and you allow him to sit down. The jury seems intrigued, but not convinced. You wonder what your next move should be.

Bring your client up to the front and question her.



<u>Appeal to</u> <u>the jury and</u> <u>convince</u> <u>them on the</u> <u>cold hard</u> <u>truth.</u> Run run run! Nothing beats a nice run. A big sweat forms as you push your body to the limit. You run on the treadmill for a while before you realize that you might be late to work if you don't head out. As you arrive home you only have time for one thing, what to do that to do?

<u>Shower! You</u> <u>have a</u> <u>professional</u> <u>job. You can't</u> <u>be stinky for</u> <u>work.</u>



Pack a lunch! You need to save money and not go to Taco Bell another time.

Squat time! You do a few sets of squats, begin your arm workouts. Someone grabs your arm and you turn to see your best friend. You greet her and once you finish your workouts, y'all decide to get some lunch. She tells you to pick the place.

Lets go to a sit down place! We haven't seen each other in a while, its time to catch up!



Lets go to a fast food place! We can even get ice cream after!

When the bank was getting robbed, what was your location and action taken?

Your client tells her story and leaves out no details. She explains the actions she had to take and the things she had to do to keep her and the other people safe. You nod your head knowing the jury is convinced. You sit down and allow the jury to congregate.

The results are in... we find your client INNOCENT!!!



You breathe a sigh of relief as you shake people's hands and are proud of a job well done.

How scared were you when you turned around and saw that masked person?

Your client tells her story and leaves out no details. She explains the fear she felt knowing she could be injured. She explains how she knows why there might be misunderstandings The Jury nodded and they began to discuss. You weren't sure what they would decide. Was her testimony enough???



The jury returns looking solemn. You feel nervous as they say your client is...

INNOCENT!!!!!

You breathe a sigh of relief as you shake people's hands and are proud of a job well done. You bring your client up to the front and question her. You start off by asking her "How are you" which she promptly responds. The jury slowly loses interest by the time you warm up and get to the deep important questions. Your client tells her story, and the jury begins to talk.



The jury returns looking emotionless. You feel nervous as they say your client is... GUILTY!!!!!

You gasp... HDW!!!!!! She didn't do it! The proof all added up. You hug your client as she begins to cry. They handcuff her and take her away. You feel sad as you realize you didn't do your job correctly. You decide to appeal to the jury and convince them on the cold hard truth. You show facts, videos, play on their emotions, and you know you have them hooked. You use quotes your client has written for you to prove her actions and reasons on why she did what she did. The jury looks at each other and begins to discuss in the required room.

- The jury returns after no time. You feel nervous as they say your client is...
- INNOCENT!!!!!
- You breathe a sigh of relief as you shake people's hands and are proud of a job well done.



Shower! You have a professional job. You can't be stinky for work. You take a quick shower and head to work. The CED of the company decided to pop in today, and you couldn't be happier that you were clean and put together. He calls you in for a meeting, and you aren't sure what you did.

- He looks at you and says...
- "You get a promotion!"



You gasp with delight! He says that he notices you always representing the company and yourself in the best light. You thank him and head back to work. Pack a lunch! You need to save money and not go to Taco Bell another time. You pack a healthy lunch, throw on some deodorant, and head to work. Feeling slightly sticky from your workout, you realize the CEO of the company came in today. You gasp as you realize he is here to talk to you. You gulp as you realize you slightly smell and don't look the

best.



He looks at you and says,

"We have decided to let you go, I understand you are a strong advocate for fitness, but you come in too many times sweaty and unprofessional."

You don't know what to say. You start to cry realizing you just lost your job because of the choices you made.

Lets go to a sit down place! We haven't seen each other in a while, its time to catch up! You go to a nice place and talk for hours. She tells you about her boyfriend that turned into her fiance. You celebrate with her and talk about the future she is planning. She mentions that she will have to move 4 hours away and no longer be in the same town as you. You become sad and there becomes silence. Suddenly she gasp and looks at you...

She looks at you and says, "Will you be my maid of honor?" Yes! That is so exciting! You can't believe that this happened!! You give her a hug and talk about her wedding!!



Lets go to a fast food place! We can even get ice cream after! She agrees to that top notch idea. You gossip, grab some fast food, eat out in the sunshine, and decide on a ice creamplace. You get your favorite ice cream cookies and cream and head to the park. This was the perfect day. You haven't seen your bestie in a few weeks, and ice creamis how y'all became friends. As you both head home your best friend gives you the biggest hug.

She tells you,

"I missed you, lets make this a weekly ritual"

You agree because best friend time is good for the soul. You head home and smile at the fun day you had.

