

Title: Calm

Version: 5.13

Publisher/Creator: Calm.com Inc. / Alex Tew, Michael Acton Smith

Target Audience: 4 and up (can be used by anyone)

Type of software: Simulation because it has video and audio depicting real life. Examples: ocean waves, space, and other imagery audio.

Curriculum: We can see this app being beneficial to some of our curriculum. It has imagery about space, which could be helpful in the science part of Markus' curriculum. While the descriptive dialogue could be helpful examples in my English units.

Cost: \$14.99 a month/ \$69.99 a year/ \$399.99 lifetime/ 7-day free trial

Description: The Calm app is a great tool for cleansing the mind. It has meditation, sleeping aids, and stress reliever through audio. It even has special speakers including the "Fine Line" singer, Harry Styles, which students would love to hear! I know Markus and I enjoyed it.

Impression: I think that this app would be a great way to relax students. The day sometimes gets rowdy and stressful, it would help them relieve stress and feel calm for the rest of the day. I really enjoyed using this software because it really calmed me down!

Does the software pass review? Yes

Does the software pass the evaluation? Yes