## At Home AUP

Having an Acceptable Use Policy or AUP at home may greatly benefit you as a parent and your child/children. An AUP allows you to monitor your child's Internet activity, set time limits on technology use, teach appropriate technology respect, and also minimize potential risks. Your Acceptable Use Policy may be designed however you deem appropriate. It may include house rules, the amount of time your child/children are able to use technology, rules for respecting each type of technology, and also consequences for when they misuse their privileges. Please feel free to look at the template that I have provided to you. Remember, this is just a suggestion. It is up to you as the parent whether or not you choose to implement an AUP in your home.