



Title: Ninja Focus
Version: 2.9
Publisher/Producer: ninja Focus, Inc.
Target Audience: 4+
Types of Software: Educational/Yoga

Curriculum(s): This app fits into the curriculum by getting the students up to stretch and do yoga moves. This both helps their physical development and mental development. Physical activity is a very important part to learning.

Free Version: There is a free version, but it is very limited. To access all of the content you must subscribe to the app which is \$9.99 a month.

Description: This app focuses on yoga but also includes sleep meditation, lullabies, bedtime stories, and positive affirmations. All of these categories are organized in an easy way so that navigating the app will be simple for even its youngest users. This app also allows you to add things you like to your playlist to make it easier to find them. This app will help students to become mindful and give them physical activity.

Impression: Overall this app is very nice. It has lots of new content added weekly, options to customize your profile and likes. This subscription does seem to be more expensive than I would be willing to pay.

Disagreements: This app is labeled as educational. While it is somewhat educational, I find that it is more of a mindfulness yoga app for kids.