

DECEMBER 2018

LUNCH K-8

ALL MEALS SERVED WITH
CONDIMENTS AND FAT FREE
CHOC. MILK OR LOW FAT WHITE
MILK

Monday

CEREAL & YOGURT PLATE **3**
OR
CHICKEN TENDER BASKET
(3-TENDERS, FRIES, TOAST)
ASIAN COLESLAW, SPINACH SALAD
JUICE, FRZ. STRAW. CUP

Tuesday

VEG./BEEF SOUP W/ 1/2 PBJ SA. **4**
CORNBREAD
GRILLED CHICKEN SAND. /CIABATTA
STRAIGHT FRIES, ST. CARROTS
TOSS SALAD
JUICE, FRUIT COCKTAIL
RICE KRISPY TREAT

Wednesday

CEREAL & YOGURT PLATE **5**
ROAST/CARROTS/POTATOES/G
YEAST ROLL
STEAK FINGERS
GREEN PEA SALAD, BROC. W/CHEESE
AU GRATIN POTATOES
JUICE, APPLESAUCE CUP
BANANA PUDDING

Thursday

CEREAL & YOGURT PLATE **6**
CRISPY BAKED CHICKEN
YEAST ROLL
CORN DOG
MASHED POTATOES, SLAW
BLACK-EYE-PEAS
JUICE, BLUEBERRY CUP
PEAR SALAD

Friday

CEREAL & YOGURT PLATE **7**
SPAGHETTI W/ GARLIC TOAS
FISH BASKET (4-FISH, 3-HUSHPUPIES)
SPICY FRIES, WK. CORN
SLAW
JUICE, BLUSHING CHILLED PEARS

BBQ CHICKEN SANDWICH **10**
TOAST
TATOR TOT CASSEROLE
CRINKLE FRIES, ASIAN SLAW
PINTO BEANS
JUICE, CHILLED PEACH SLICES
OATMEAL CRANBERRY COOKIE

WALKING TACO/FIESTA RICE/S **11**
CORN DOG NUGGETS
REFRIED BEANS W/ CHEESE
WK. CORN, TOMATO/CUCUMBER SAL
JUICE, CHILLED PEARS

TUNA SALAD/ ATOMIC CHEEZ **12**
CHILI CHEESE FRIES-
W/ (1) MINI HOT DOG
HAMBURGER / DORITOS
PASTA SALAD W/RANCH
BAKED BEANS, CORN-ON-COB
JUICE, APPLESAUCE CUP

TUNA SALAD/ ATOMIC CHEEZ **13**
GRILLED CHICKEN SANDWICH
W/TRIMMINGS
TACO SOUP W/TOSTADOS
BROCCOLI SALAD, CALIF. VEGGIES
SPICY FRIES
JUICE, STRAWBERRY CUP

TUNA SALAD/ATOMIC CHEEZ **14**
CHICKEN SPAGHETTI / ROL
FISH SANDWICH W/CHEESE
STRAIGHT FRIES, SLAW
GREEN BEANS
JUICE, BLUEBERRIES W/TOPPING

RED BEANS & RICE **17**
CORNBREAD
CHEESEY BREADSTIX -2 MARINARA
SPINACH SALAD, SPICY FRIES
CALIFORNIA VEGGIES
JUICE, BANANA BERRY BLEND
JELLO W/ TOPPING

CHICKEN TENDER SALAD W/ MUF **18**
OR
BRUNCH FOR LUNCH
PANCAKES/SYR, BR. BURRITO
BISCUIT, SAUSAGE, GRAVY
SCR. EGGS, CEREAL, POTATO ROUNDS
CANTALOUPE
JUICE ALIVE

CHICKEN FAJITA SALAD/MUF **19**
CHICKEN & DUMPLINGS
BREAD
MEXICAN PIZZA
GREEN BEANS W/HAM, ST. CARROTS
STRAIGHT FRIES
JUICE, PEACH SLICES

CHICKEN FAJITA SALAD/MUF **20**
HAMBURGER STEAK W/ GRA
ROLL
STEAK FINGERS
MASH POTATOES, PINTO BEANS
TURNIP GREENS
JUICE, PEAR SALAD
ICE CREAM

NO SALAD TODAY!! **21**
PEPPERONI PIZZA
CORN DOG
BAKED BEANS, STRAIGHT FRIES
JUICE, APPLESAUCE
CHRISTMAS COOKIES

HAVE A MERRY **24**
CHRISTMAS
&
HAPPY NEW YEAR

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