



October Lunch



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Cheese Quesadilla Fried Rice Refried Beans Milk, Water	2 Chicken Strips Fries Milk, Water	3
4	5 Cowboy Rice Mixed Veggies Milk, Water	6 Catfish Hush Puppies Fries Milk, Water	7 BBQ Sandwich Baked Beans Milk, Water	8 Sweet n Sour Chicken Steamed Rice Fresh Fruit Milk, Water	9 Salisbury Steak Roasted Potatoes Diced Carrots Milk, Water	10
11	12 Cheeseburger Fries Fresh Fruit Milk, Water	13 Meatloaf Mashed Potatoes Green Beans Milk, Water	14 Corn Dog Mixed Veggies Milk, Water	15 Chicken Sandwich Corn on Cob Fresh Fruit Milk, Water	16 Ham/Turkey Sandwich Chips Milk, Water	17
18	19 Pizza Mixed Veggies Milk, Water	20 Grilled Cheese Fries Fresh Fruit Milk, Water	21 Tacos Refried Beans Rice Milk, Water	22 Potato Bar Soup Milk, Water	23 Chicken Alfredo Breadsticks Fruit Cup Milk, Water	24
25	26 BBQ Chicken Orange Wedges Dinner Roll Milk, Water	27 Beef Tips & Gravy Mixed Veggies Milk, Water	28 Chicken Pot Pie Sweet Potatoes Milk, Water	29 Club Sandwich Chips Milk, Water	30 Fish Burger Tater Tots Milk, Water	31