\*Menu is subject to change.

Chicken Nuggets/ WG Roll

Macaroni & Cheese

Savory English Peas

Mxd. Green Salad/Ranch

Orange Smiles

Milk

Oven-fried Chicken

Wh. Potatoes/w/Gravy

Steamed Broccoli

WW Roll

Chilled Fruit

Milk

Beef Tacos

Sh. Lettuce, Dcd. Tomatoes

Mexican Pintos

Assorted Fresh Fruit

WG Sugar Cookie

Milk

Salisbury Steak

Wh. Potatoes/w/Gravy

Steamed Broccoli

WW Roll

Chilled Fruit

Milk

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Taco Casserole/w/Toppings

Mexican Pintos

Fresh Salsa

Fresh Apple Wedges

Milk

This institution is an equal opportunity provider.

## Please choose at least 3 of the 5 items offered.

## You must choose at least ½ c. of fruit or vegetable.

Chicken Noodles

Seasoned Mxd. Vegetables

Mxd. Green Salad/Ranch

WG Yeast Biscuit

Chilled Peaches

Milk

Lasagna/w/Meat Sauce

Toss. Green Salad/Ranch

WG Italian Breadstick

Fresh Grapes

Milk

Br. Chicken Sd on WW Bun

Lettuce, Sliced Tomato

Sweet Potato Fries

Chilled Mixed Fruit

Milk

Chili / WG Crackers

Mixed Green Salad / Ranch

WG Cinnamon Roll

Chilled Applesauce

Milk

Sloppy Joe on WG Bun

Baked Beans

Seasoned Corn

Orange Smiles

Milk

Baked Ham

Seasoned Green Beans

Sweet Potato Crunch

Apple Wedges

Milk

Vegetable Soup

Tst. Ham & Cheese Sd. On WW

Steamed Corn-on-Cob

Fresh Fruit Cup

Milk

Turkey Club on WG Hoagie

Lettuce, Tomato, Pickles

Baked Chips

Sidekick Frozen Treat

Milk

Breaded Beef Strips

Fluffy Rice/Gravy / WW Roll

Black-eyed Peas

Toss Green Salad / Ranch

Fresh Apple

Milk

Chicken Fajita Wrap

Sh. Lettuce, Dcd. Tomatoes

Mexican Pintos

Fresh Salsa/Tostito Chips

Assorted Fresh Fruit

Milk

Hamburger on WW Bun

Lettuce, Sliced Tomato

Oven Fries

Chilled Pears

Milk

Spaghetti/w/Meat Sauce

Seasoned Green Beans

Toss. Green Salad/Ranch

Chilled Mixed Fruit

Milk

BBQ Pork on WG Bun

Creamy Coleslaw

Carrot Sticks / Ranch

Baked Beans

Fresh Fruit Cup / Milk

Pizza /w/ WG Crust

Toss. Green Salad/Ranch

Seasoned Corn

Assorted Fresh Fruit

Milk

Soft Beef Taco

Sh. Lettuce, Dcd. Tomatoes

Pintos & Cheese

Fresh Grapes

WG Cookie

Milk

Chicken Tenders

Wh. Potatoes/w/Gravy

Seasoned Carrots

WW Roll

Chilled Fruit

Milk

Beef & Macaroni

Toss. Green Salad / Ranch

Seasoned Green Beans

Fresh Fruit Cup

Milk

Chicken Pot Pie

Mixed Green Salad/Ranch

Seasoned Corn

Chilled Peaches

Milk

**OCTOBER 2018**

ELEMENTARY LUNCH MENU