AUPS are important for everyone. They keep people on task and make sure everyone knows what is expected of them. Having boundaries so the child knows who is in charge and what will happen to them if they do not. There should be a list of rules and then consequences so they know what will happen if they break a rule. You should also have a page for them to sign so they can't say they did not see it. Rules are important. Rules keep chaos from ensuing.

One thing that should be put in is technology. Mainly screen time. Students should only be exposed to so much screen time based on their age. That is one thing that people don't think about. Get them off the phones, tablets, and computers and either outside or reading a book.

Below is a template for you to follow to get you started.

AUP TEMPLATE

BASIC RULES

    1.
    2.
    3.
    4.

CLEANING JOBS

    1.
    2.
    3.
    4.

OTHER CHORES

    1.
    2.
    3.
    4.   .

CONSEQUENSES

    1.
    2.
    3.
    4.
    5.
    6.

REWARDS

    1.
    2.
    3.
    4.

CONTRACT SIGNATURE _____   DATE_____