



5 Mozzarella Cheese Stick W/ Marinara Sauce
Chicken Quesadilla
Ham, Turkey, Cobb Salad W/Roll
3 Cheese Sub
Mashed Potatoes
Fresh Baby Carrots
Garden Salad
Assorted Fruit
Milk

6 Top & Go Nacho's
B.B.Q. Pork Rib SDW
Chicken Fruit Salad W/ Cinn Chips
Turkey & Cheese Wrap
Mix Vegetables
Red Pepper Strips
Garden Salad
Assorted Fruit
Milk

7 Chicken Spaghetti
Cheeseburger
Turkey Salad W/ Breadstick
Ham SDW W/ Pepper Jack Cheese
Potato Bites
Fresh Zucchini
Garden Salad
Assorted Fruit
Milk

1 Popcorn Chicken W/ Roll
Cheeseburger
Ham Chef Salad W/ Roll
Turkey, Ham & Cheese SDW
Campfire Beans
Fresh Baby Carrots
Garden Salad
Assorted Fruit
Milk

2 Pepperoni Pizza
Chili Cheese Fries
Diced Chicken & Cheese Salad
Bologna W/ Cheese
Steamed Broccoli
Red Pepper Strips
Garden Salad
Cookie
Assorted Fruit
Milk

12 Chicken Fried Steak W/ Roll
3 Cheese Melt
Ham Chef Salad W/ Breadstick
Chicken Caesar Wrap
Roasted Cauliflower
Fresh Tomatoes
Garden Salad
Assorted Fruit
Milk

13 Chicken Enchiladas
Pizza Burger
Egg Platter Salad W/ Breadstick
Chicken Salad SDW
Roasted Carrots
Fresh Broccoli
Garden Salad
Assorted Fruit
Milk

14 Chicken Alfredo W/ Breadstick
Hotdog
Chicken Caesar Salad W/ Breadstick
Turkey & Cheese Wrap
California Blend
Fresh Celery Sticks
Garden Salad
Assorted Fruit
Milk

15 Turkey & Dressing W/ Gravy
Ham & Cheese SDW
Green Beans
Sweet Potatoes
Garden Salad
Roll
Pumpkin Parfait
Assorted Fruit
Milk

16 Sausage Pizza
Maple Waffle & Chicken SDW
Fruit Salad W/ Cinn Chips
Turkey & Cheese SDW
Steamed Broccoli
Fresh Cucumbers
Garden Salad
Cookie
Assorted Fruit
Milk



26 Breaded Chicken
Drumstick W/ Corn Muffin
Sloppy Joe W/ Cheese
Ham Chef Salad W/ Breadstick
Ham SDW
Mashed Potatoes
Fresh Broccoli
Garden Salad
Assorted Fruit
Milk

27 Chicken Parmesan W/ Spaghetti
Breadstick
Turkey Melt
Popcorn Chicken Ranch Salad
Chicken Wrap
Green Beans
Red Pepper Strips
Garden Salad
Assorted Fruit
Milk

28 Potato W/ Chili W/ Pretzel
Chicken Strips W/ Roll
Taco Salad
Chicken Salad SDW
Orange Glaze Carrots
Fresh Zucchini
Garden Salad
Assorted Fruit
Milk

29 Pancake & Sausage W Syrup
Meat Loaf Cheeseburger
Chicken Platter Salad
Turkey & Cheese Sub
Hash brown
Celery Stick
Garden Salad
Assorted Fruit
Milk

30 Pepperoni Pizza
Chicken Spaghetti W/ Breadstick
Popcorn Chicken Salad W/ Breadstick
Egg Salad SDW
Green Peas
Cucumber Tomato Salad
Garden Salad
Cookie
Assorted Fruit
Milk



Lunch includes 5 Components
1. Meat/ Meat Alternate 2. Grain 3. Vegetable
4. Fruit 5. Milk 1% Skim
Students are required to take 3 of the 5 Components