

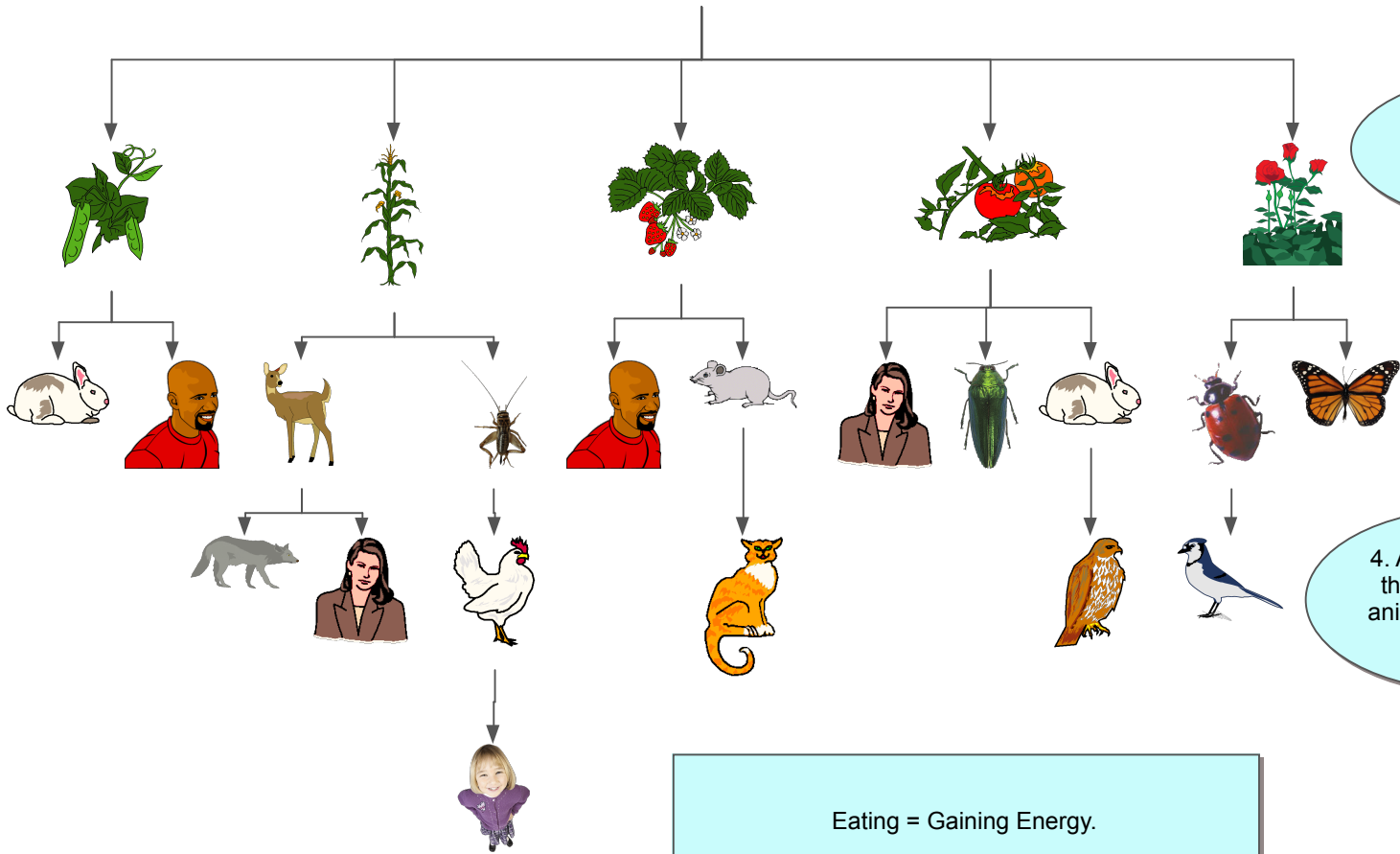


1. Energy in animals' food originally comes from the sun.

2. Plants use the sun's energy to make food through photosynthesis.

3. Insects and other animals (including humans) then eat the plants.

4. Animals then eat the insects or the animals that ate the plants.



Eating = Gaining Energy.  
All of the energy that was passed through the chart started with the sun.