# April Newsletter

## Flu Season Advocacy

With the flu season coming up on us we want to make sure that everyone knows some safety measures to keep from getting sick

- Wash your hands all the time-after the bathroom, before and after eating
- Cough or sneeze into your elbow not your hand
- Stay healthy-Eat healthy, exercise, and get plenty of sleep!
- Don't share food or drinks! We don't want to pass on the germs
- ◆ If you have a fever don't come to school. We don't want to spread it

# Act Aspire Testing

We have our annual state testing coming up later in the month. Here are some things to remember:

Act Aspire Testing is April 21st-24th. Students are required to be here each day.	
Students have to be here on time each day	Students will have early dismissal on Friday at 1:00.
They will be staring at computer screens all day testing.  Spend some time offline each afternoon to rest.	Students' phones will be turned in to the teacher at the beginning of each day.
Students are allowed to bring a snack and a water bottle each day.	Make sure that your student gets a good night's sleep every night.
We will have study days the week before testing.	Try for a healthy breakfast every morning!



Don't Forget that the science fair is April 9th! Don't forget that projects are due April 6th.

#### Announcements

Make sure you have indicated which sack lunch option your child will need for the library field trip. Also, if you volunteered to chaperone check your email for details about the day.

Spring Fling is coming! We are having a water day and picnic to celebrate the end of testing!! Each child will need to bring a swimsuit or change of clothes as well as a towel! We could use a few chaperones. Please contact me if you are interested in helping.

Field Day will be April 30th. Each child needs to wear comfortable clothes and tennis shoes that day. We will be outside most of the day so make sure to pay attention to the weather when choosing outfits. Remember that parents are not allowed to attend. This is a safety consideration for our students.

### Birthdays

Mark-April 3rd Kaytie-April 13th Myka- April 28th

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