

*Dear Parents,*

Having rules in school is a very important thing as without rules it will be chaos. Our school has an acceptable use policy, so that students understand what actions are acceptable in school, and which actions are not acceptable and will result in rule breaking consequences. In addition, each class in our school has its own acceptable use policy so that students understand what are the



specific class rules. All our acceptable use policies can be found on the school website, please read it carefully and discuss it with your child.

The school encourages all parents to do an acceptable use policy (AUP) at home. This will teach children that everyplace has its own rules and home is not an exception. The home AUP should include technology use. It is very important to limit screen time at home, as too much screen time will put your child's physical and mental health at risk. It is crucial to monitor children while using the internet. There are many cyberbullying incidences, and we (school and parents) must do everything we can to protect our children from such things. There are many inappropriate websites out there and parents should monitor their child's use of the internet at home. It is recommended that all children go to bed early and get enough sleep. This will help the children to come to school focused and ready to learn. On the school website, there is an explanation template that can help parents write their own AUP. If parents would choose to they can find it under the name AUP Explanation Template.