

Explanation

What is an AUP? An Acceptable Use Policy (AUP) is a helpful agreement between individuals regarding rules of behavior and conduct. These agreements are useful because they provide individuals with rules, expectations, and consequences.

Can I use this at home? Yes! At home, an AUP could be used to keep a concrete idea about the rules of the household. It would also provide the child with the consequences he or she will receive if he or she chooses to break the contract. It takes away the factor of children not knowing the rules or consequences. This type of agreement helps all members stay informed and knowledgeable about what is allowed and what is not allowed. If you are interested in creating your own AUP for home, I have created a template to get you started!