Food Groups							
	Dairy	Meat	Fruit	Vegatables	Carbohydrates		
Banana	0	0	1	0	0		
Strawberry	0	0	1	0	0		
Apple	0	0	1	0	0		
Steak	0	1	0	0	0		
Chicken Nuggets	0	1	0	0	0		
M&Ms	0	0	0	0	1		
Loaf of Bread	0	0	0	0	1		
Milk	1	0	0	0	0		
Block of Cheese	1	0	0	0	0		
Broccoli	0	0	0	1	0		
Carrots	0	0	0	1	0		
Swiss Roll	0	0	0	0	1		
Total	2	2	3	2	3		











