

## Mini-lesson: Pizza Time

**1.) Grade level/Audience:** 1<sup>st</sup> Grade

**2.) Curriculum topic:** Physical Education & Health, recognizing food groups and knowing what foods go in each group (**HW.12.1.4** Place foods in the appropriate food groups using nutritional guides)

**3.) Tools:** Osmo Pizza and Spreadsheet

**4.) Synopsis of what I'm doing and how I am using the tools. How are the students doing it? Individually, whole class, group of 3 etc.:**

In this lesson, I will be incorporating Osmo Pizza and Spreadsheet. First, as a class, we will spend some time discussing the food groups and what foods are associated with each group. Students will take some time playing with Osmo Pizza. Students should be paying attention to the various toppings that are going on the pizzas. When students have all had a turn at Osmo Pizza, I will create a spreadsheet to show everyone's favorite pizza toppings and what food groups they fall under. The spreadsheet will list food groups as well as several toppings. Students will raise their hand to show if they like a certain topping. I will enter the information into the spreadsheet accordingly. This lesson will be a group effort and students should get a good grasp of pizza toppings and what food groups they fall under.

