





Marion School District Breakfast Menu

September
2020

Fuel up with breakfast!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit 1% Milk</p>	<p>2</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fruit 1% Milk</p>	<p>3</p> <p>Yogurt Graham Crackers</p> <p>Orange Juice 1% Milk</p>	<p>4</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit 1% Milk</p>
<p>7</p> <p>NO SCHOOL Labor Day</p>	<p>8</p> <p>Choice of Cereal Graham Crackers</p> <p>Apple Juice 1% Milk</p>	<p>9</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Fruit 1% Milk</p>	<p>10</p> <p>Yogurt Graham Crackers</p> <p>Orange Juice 1% Milk</p>	<p>11</p> <p>Cinnamon Roll</p> <p>Canned Fruit 1% Milk</p>
<p>14</p> <p>Brekkie</p> <p>Fruit 1% Milk</p>	<p>15</p> <p>Yogurt Graham Crackers</p> <p>Fresh Fruit 1% Milk</p>	<p>16</p> <p>Blueberry Loaf Cheese Stick</p> <p>Fruit 1% Milk</p>	<p>17</p> <p>Choice of Cereal Graham Crackers</p> <p>Apple Juice 1% Milk</p>	<p>18</p> <p>French Toast Loaf Cheese Stick</p> <p>Fruit 1% Milk</p>
<p>21</p> <p>Grape Croissant</p> <p>Fruit 1% Milk</p>	<p>22</p> <p>Strawberry Mini Pancakes</p> <p>Fresh Fruit 1% Milk</p>	<p>23</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fruit 1% Milk</p>	<p>24</p> <p>Yogurt Graham Crackers</p> <p>Fresh Fruit 1% Milk</p>	<p>25</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit 1% Milk</p>
<p>28</p> <p>Mini Maple Waffles</p> <p>Fruit 1% Milk</p>	<p>29</p> <p>Choice of Cereal Graham Crackers</p> <p>Apple Juice 1% Milk</p>	<p>30</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Fruit 1% Milk</p>		 <p>Choose MyPlate.gov</p>

INFORMATION

Breakfast FREE
Adult Breakfast \$2.50
Extra Milk \$0.50

EXTRA INFO

Milk Choice of 1% White or Chocolate included with a meal.

For questions or more information contact
Cathy Renner, Food Service Director at
crenner@msd3.org

HARVEST OF



THE MONTH

Your **MENUS** plus more
information on our app
TaHer Food4Life®



www.taHer.com