

Parents,

Now that your child has been introduced to an Acceptable Use Policy for the classroom, it may be a good idea to create one for your household as well. Having a well-defined set of rules regarding internet usage as well as the consequences for breaking those rules is crucial for your child to be an upstanding digital citizen. It is also important to know and understand that while your child will be supervised while using the internet at school, there is always a chance that they may gain access to inappropriate content, and it is our job to ensure that if/when that happens, that they have been educated on how to respond and react accordingly. Having an Acceptable Use Policy both in the classroom and at home will create a well-balanced and consistent environment in which those problem-solving skills will prosper. The most important reason for an Acceptable Use Policy is making sure that your child is always safe and secure when using the internet, which will also keep your household safe.

I would also suggest implementing limited screen time because while technology can be very beneficial, it can also be detrimental to a child's cognitive development and eyesight if it is misused. A child at this age should have no more than thirty minutes to an hour of screen time a day. Not only does limiting screen time improve cognitive ability, it also makes it easier for you as parents to supervise your child's internet use and having a set time dedicated for internet usage will provide a stable daily schedule that your child can follow.