

Behavior Management Plan Instructions

1. Start by listing specific behaviors that you do not want your child to do or that you want them to do less often. Using the example of my classroom this could include not talking while the teacher is talking, raising your hand to speak, and copying someone else's work. I have listed these in the first column below.
2. Begin filling in the arrows beside each behavior with the punishments that you believe are suitable for the offense. I have listed a warning and time out for the first two behaviors but listed more harsh punishment for copying someone's work as it is more serious. These may also include taking away screen time or special privileges. You may add more offenses if necessary or keep it limited to only a few.
3. Now, all that is left to do is to implement what you have created. It is important that you sit down and talk with your child and make sure they are aware of inappropriate behaviors and their consequences. It may help to have your child participate to ensure everyone is on the same page
4. The most important aspect of this plan is that you are consistent with the punishment listed and that you follow through with consequences every time.

